

Activate your strengths

Professional development activities

Berlin, 2022

November 14. -22. .





Welcome!

Are you an experienced youth worker or educator wanting to learn new skills in non-formal education?

Are you completely new to social work and want to practice facilitating your first sessions?

Then you have found the right project!

We are looking for motivated and passionate participants from all levels of experience in social work to join us for a seven day training course in Berlin!

In this Infopack you will find all the information about our main topics for the week, our timetable, the accommodation and how to travel to our venue.

We hope to see you soon!



Topics of the Week



Experiencing non-formal, **creative methods** for youth work



Learning how to **structure and design workshops**



Practicing **facilitation techniques** (e.g. energizers, reflection methods, creative sessions)



Creating and testing innovative methods in youth work such as digital methods



Community-building and **networking**



Who can participate

To take part in this project, you need to be:

- 18+ years old
- working or getting trained to work in the social field (e.g. teaching, youth work, working with groups of young people)
- residency in one of the partner countries
- able to speak and understand English at a conversational level
- interested in the project topics and methods (mental health, facilitation, graffiti workshop, social work skills) and motivated to be active and contribute to the week!

Arrival & Departure

The project will take place in Berlin from November 14.-22. 2022.

Arrival time is on November 14 between 4 - 8 PM

Departure time is on November 22 until 10 AM

Please organise your travel to fit in these times!

It is stressful for our team to organise early and latecomers.



Daily structure

08.30 – 09.30	Breakfast
10.00 – 11.30	Session 1
11.30 – 12.00	Break
12.00 – 13.30	Session 2
13.30 – 15.30	Lunch + Break
15.30 – 17.00	Session 3
17.00 – 17.30	Break
17.30 – 19.00	Session 4
19.00 – 19.30	Reflection Groups
19.30 – 21.00	Dinner + Break
20.30 – 21.00	Youth Leader Meeting
21.00 – 22.00	Social Evening (e.g. International Presentations)

Timetable

20.04	Arrival day between 4-8pm
21.04	Teambuilding and Introduction to the Project
22.04	Character Strengths and Personal Resources
23.04	City Game
24.04	Communication & confidence
25.04	Facilitation Challenge - Tools and Preparation
26.04	Facilitation Challenge - Practice and Reflection
27.04	Evaluation and wrapping up
28.04	Departure day, before 10:00am

*There will be open sessions during the day. The "**open sessions**" are spaces for workshops that we will all together organise during the week. They are great opportunities for you to contribute and practice leading a group, e.g. by organising a yoga session, a hike or a creative activity for everyone! :)*

The more you bring in, the more you will get out of the project week.

Accommodation



The project week will take place in our **youth center**, located in a forest area 45 minutes from the Berlin city center.

This venue offers many chances to get active and creative both inside and outside! You will be sleeping in comfortable dormitories in the main building.



There is a beautiful lake only 5 minutes away by foot where you can go for a walk, a run or even a swim if you don't mind sharing it with some dogs.



Fahrten-Ferne-Abenteuer Abenteuerzentrum
Address: Eichhörnchensteig 3, 14193 Berlin

Facebook/Insta: [abenteuerzentrum.berlin](https://www.facebook.com/abenteuerzentrum.berlin)



our entrance

How to get there



SCHOENEFELD AIRPORT:

Find the S-bahn station Flughafen Berlin-Schönefeld Bhf (city train in Berlin). There take the train S45 (direction S Südkreuz) and go to the last station Südkreuz. In Südkreuz change to the train number S41(direction Ring) and get to the station Halensee. There you need to walk out of the station (there is only one exit) and cross the street in order to get the bus X10 (direction Teltow Stadt) or M29 (Direction Roseneck). By this bus get to the bus stop Roseneck/Teplitzer Strasse. You are almost there, just follow the map (12 Minutes walking).

TEGEL AIRPORT:

In front of the airport you need to take the bus 109 (direction Zoologischer Garten). On the bus stop called Adenauerplatz you need to get off and change for the bus X10 (direction Teltow Stadt) or M29 (direction Roseneck). By this bus get to the bus stop Roseneck/Teplitzer Strasse. You are almost there, just follow the map (up to 12 minutes walking).

HAUPTBAHNHOF:

You need to take train S5 or S7 (direction Spandau or Potsdam) to Zoologische Garten and then bus X10 (direction Teltow Stadt). By this bus get to the bus stop Roseneck/Teplitzer Strasse. You are almost there, just follow the map (12 minutes walking).

CENTRAL BUS STATION:

You need to take the bus 104 (Direction Zoologische Garten) to the bus stop Halensee. Then you need to cross the street in order to get the bus X10 (direction Teltow Stadt) or M29 (Direction Roseneck). By this bus get to the bus stop Roseneck/Teplitzer Strasse. You are almost there, just follow the map (12 minutes walking).



Google maps does not show you the fastest route to the youth centre. This walk takes only **10 minutes** from the bus stop at 1 Roseneck. It will lead you down 2 Hohenzollerndamm past a petrol station, along 3 Waldmeisterstraße through a 4 forested area and past a Tennis club and finally you will see 5 the entrance. Please call us if you need help! ☺

€ Funding conditions

TRAVEL COSTS

Please plan your travel from your place of origin to the venue of the activity in Berlin and return according to the travel limit shown in the table below. Your travel costs will be reimbursed up to the limit, if you spend less you will get what you spent. We always reimburse to the account of sending organizations, so not directly to participants. Reimbursements of travel costs can only be done upon full attendance of the training course.

Country	Organization	Number of participants	Travel Limit per Participant
Ukraine	Territory of Ideas	6	275€
Italy	JOINT	6	275€
Romania	Teach for Romania	6	275€
Spain	Aktive Kosmos	6	275€
Slovakia	SYTEV	6	275€
Germany	Abenteuerzentrum Berlin	6	23€ (0-99km) 180€ (100-499 km)

Choose the most economical/cheap way of transportation (2nd class trains, planes). Only public transportation can be reimbursed (no taxis). Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and invoice in maximum 2 months after the project. You have one month after the project to submit your reimbursement form together with: all travel tickets in original, boarding pass and invoices by post to: **Fahrten-Ferne-Abenteuer Abenteuerzentrum Berlin, Eichhörchensteig 3, 14193 Berlin**

Tips and reminders



Please prepare before your travel:

Some **traditional food/games/stories** to share in the international evening presentations. The way the evening will look is totally up to your national team, you can be as creative as you like!

Skills / games / activities you would like to share with the other participants - the more everybody contributes, the more fun and versatile the week will be

Towel and inside slippers

Sport clothes and shoes for outdoor activities.

Corona related



FFP2 Masks (in all public transport and Healthcare Facilities)

Check the info about traveling to Germany [here](#).

The COVID-19 map is updated regularly and due to the constant changes we strongly advise that you **check with your airline** before you travel.

Travel and health insurance



Every participant must bring their European Insurance Card.

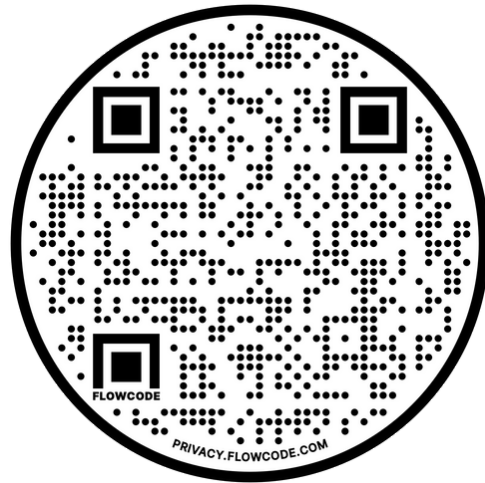
It is a mandatory requirement for all participants to provide their own health and travel insurance. Please arrange to have travel insurance -

if you have to cancel your trip for a covered reason, trip insurance can save your investment, it can also protect you against lost luggage, flight cancellations etc.

You are interested?



You can apply
Here



We are looking forward to

SEE
YOU



abenteuerzentrum.berlin